

March/April 2007

Submitted by
Shirley Luscinski

Happy St. Patrick's Day



Special Interest:

**Trigeminal Neuralgia
Association**

**Nashville Regional
Conference**

**Saturday, May 19,
2007**

More information inside



Middle Tennessee Support Groups Trigeminal Neuralgia Association

Meetings

Nashville

Laura Hillis, Leader
615.371.3205

Monday, March 26, 2007

St. Thomas Hospital

Conference Room A

6:30pm

Meet n Greet in St Thomas

Café at 5:00 pm

Guest Speaker:

Philip A. Simpson

M.Sc. Licensed Acupuncturist

and

Chinese Medicine

Murfreesboro

Shirley Luscinski, Leader
931.307.9481—615.904.8492

Saturday, April 14, 2007

Corky's BBQ & Ribs

116 John R Rice Blvd.

Noon-1:30pm

Guest Speaker:

Philip A. Simpson

M.Sc. Licensed Acupuncturist

and

Chinese Medicine

That's right...no typo! Phil Simpson will be speaking to both support groups back to back. Please come and hear Phil speak on how acupuncture has helped his TN patients. **Jenny Ball** who has received relief from her pain will be at the meetings.

Lifetime Achievement Dinner Honoring

Peter J. Jannetta, M.D.

Saturday, April 28, 2007

In celebrating **Dr. Peter Jannetta**, a pioneer in neurosurgery, as he retires from leadership of the Trigeminal Neuralgia Association's Medical Advisory Board.

Continued on page 2

Nashville Regional Conference, Saturday, May 19, 2007

Sponsored by: Trigeminal Neuralgia Association and Vanderbilt University Medical Center and The Department of Neurosurgery

TNA (Trigeminal Neuralgia Association), Vanderbilt University Medical Center, and Vanderbilt's Department of Neurosurgery invite you to attend a Regional Conference on Saturday, May 19, 2007. The conference will be held at Vanderbilt's Rudolph Light Hall, 2215 Garland Avenue, Nashville, TN 37232.

Patients, supporters, and health care providers interested in developing an understanding of face pain resulting from trigeminal neuralgia (TN) and other neuropathic facial pain conditions, its diagnosis and treatment

Since seating is limited, you are encouraged to *register early*. The registration fee covers course materials and lunch. If you register by April 15, the registration cost is \$55 per person. *Effective April 16*, the registration fee goes up to \$75 per person

Registering to attend our conference is easy! You can either register online via our secure website at www.endthepain.org or complete the conference registration form and mail or fax it.

The registration fee may be reduced or waived for financial hardships. A limited number of scholarships are available. Individuals may apply by writing to TNA Registration, P. O. Box 92604, Southlake, TX 76092.

All conference cancellations must be requested in writing. A full refund will be allowed if requested by May 10, 2007. No refunds will be allowed after that date.

TNA, established in 1990 by Claire Patterson, founding president, patients and family members who have been directly affected by TN, develops programs and activities to provide information, mutual aid, support and encouragement to TN patients, related facial pain patients, and their families.

The organization seeks to serve as a resource and information center, to centralize current data and medical efforts for effective treatment of these disorders. Involvement in conferences, such as this, is one of the ways TNA helps to make information on all forms of face pain and TN treatment available. However, participation is not to be construed as an endorsement of any one treatment or presenter

Lifetime Achievement Dinner Honoring Peter J. Jannetta, M.D. continued from page 1

Over Forty Years Ago

Dr. Jannetta performed the first microvascular decompression surgery for relief of trigeminal neuralgia. Since that time, thousands of people have benefited from the surgical techniques Dr. Jannetta has refined, perfected and taught around the world.

In 1990

Dr. Jannetta "challenged" one of his trigeminal neuralgia patients, Claire Patterson, TNA Founder and President Emeritus, to do something about the great void of knowledge about trigeminal neuralgia. Today, TNA serves as a world-wide advocate for facial pain patients providing information, encouraging research and offering support.

Consider sending a note of gratitude. These notes of appreciation will be presented to Dr. Jannetta at the Lifetime Achievement Dinner.

Mail to

TNA Events Office

P.O. Box 92604, Southlake, TX 76092

(817) 416-7202, Fax (817) 416-9871

Program - Saturday, May 19, 2007

- 7:00 a.m. Registration
General Session
- 8:00 a.m. Welcome
- 8:10 a.m. Introduction to TN & Diagnosis of Facial Pain
- 8:30 a.m. Dentistry & TN
- 9:00 a.m. Medical Management of Classic TN
- 9:20 a.m. Medical Management of Atypical Facial Pain
- 9:40 a.m. Multiple Sclerosis & TN
- 10:00 a.m. Break
- 10:15 a.m. Overview of Surgical Treatments
- 10:35 a.m. Microvascular Decompression Surgery
- 10:50 a.m. Radiosurgery
- 11:05 a.m. Percutaneous Procedures
- 11:20 a.m. Motor Cortex Stimulation
- 11:35 a.m. Microvascular Decompression: Lessons Learned
- 12:00 p.m. Lunch
Breakout Session "A"
- 1:00 p.m. Case Studies – Neurosurgeon Panel
- 1:30 p.m. Success Stories – Patient Panel
- 2:00 p.m. Ask the Nurses Panel
- 2:30 p.m. Ask Questions One on One of Doctors & Nurses
- 3:00 p.m. Break
Breakout Session "B"
- 1:00 p.m. Upper Cervical Chiropractic Care
- 1:30 p.m. Nutrition
- 2:00 p.m. Chinese Medicine
- 2:30 p.m. TN Management in Menopause and PMS
- 3:00 p.m. Break
General Session
- 3:15 p.m. Living with Chronic Pain & Help for Supporters
- 4:00 p.m. TNA's Role
- 4:30 p.m. Adjourn

Directions to the Conference

The conference will be held at Vanderbilt's Rudolph Light Hall, 2215 Garland Avenue, Nashville, TN 37232. From I-40, exit 209A, turn onto Broadway (away from downtown), veer right, and continue on West End Avenue. Turn left onto 25th Avenue South. Free parking is available in the **25th Ave. Garage at the corner of 25th and Highland**. Enter the garage on the Highland

DISCLAIMER: This newsletter is not intended to diagnose, prescribe, or replace the services of your physician, but solely to give information about member experiences.

SPEAKERS

An outstanding group of professionals have been invited to speak. They include a dentist, neurologists, neurosurgeons, nurses, a gynecologist, a nutritionist, a chiropractor, an acupuncturist, and the TNA Executive Director/CEO.

Course Director	Robert A. Mericle, M.D.
Faculty	Jane Boles, B.A.
	Margaret Dennis, D.M.D.
	Eden Goldring, L.Ac.
	Alana Greca, B.S.N., R.N.
	Virginia M. Harper
	Peter J. Jannetta, M.D.* See story front page
	Michael Kaminski, M.D.
	Peter E. Konrad, M.D., Ph.D.
	Kalyani M. Kumar, M.D., F.A.C.O.G.
	Sally Nelson, R.N.
	Anne O'Duffy, M.D.
	Albert L. Rhoton, Jr., M.D.**
	Jason Smith, D.C.
	Subramaniam Sriram, M.D.
	John M. Tew, Jr., M.D.** <i>See story on Dr. Tew, pages 8 and 9</i>

*TNA Medical Advisory Board Chairman

**TNA Medical Advisory Board Member

Hotel Accommodations

The following hotels are less than one mile from Vanderbilt and offer discounted hotel room rates for our conference participants.

Marriott Nashville at Vanderbilt University - \$169 per room, per night

2555 West End Avenue, Nashville, TN 37203

Call 1-800-285-0190 by May 1 to reserve a hotel room at the group rate for the “Trigeminal Neuralgia Association”.

Hampton Inn Vanderbilt West End - \$129 per room, per night

1919 West End Avenue, Nashville, TN 37203

To book the “TNA Conference” group rate, call 888-880-5394 or 615-329-1144 by May 1 to reserve your hotel room.

For Additional Information

Shelly Wilson, TNA's Conference Chairperson

P.O. Box 92604, Southlake, TX 76092

(817) 416-7202, Fax (817) 416-9871, swilson@tna-support.org

TNA National Office

925 NW 56th Terrace, Suite C, Gainesville, FL 32605

(800) 923-3608, Fax (352) 331-7078, www.endthepain.org

REGISTRATION

TNA Regional Conference – Nashville

Register online at www.endthepain.org

First _____ Last _____ Title _____

Address _____

City _____ State _____ Zip Code _____

Phone_(____)_____

E-mail _____

Additional Guests Names:

First _____ Last _____ Title _____

First _____ Last _____ Title _____

The registration fee covers course materials and lunch. If registering by April 15th, the fee is \$55 per person. Effective April 16th, the fee is \$75 per person.
\$ _____

Help someone who would otherwise be unable to attend this conference by making a tax-deductible donation in any amount you choose. \$ _____

Total Amount Due: \$ _____

Registration fees may be paid by check payable to TNA or by credit card. If paying by credit card, complete the following:

American Express Discover MasterCard Visa

Credit Card # _____ Exp. Date: ___/___

Name on Credit Card _____

Signature of Card Holder _____

Return completed registration form with your payment to:

TNA Registration
P.O. Box 92604, Southlake, TX 76092
Fax (817) 416-9871

Murfreesboro Support Group Meeting Review~February 10, 2007

What a way to start the New Year. There were **20** in attendance for the February meeting.

WOW and HOORAY!

Dr. Kelly Buchholz was our guest speaker.

Dr. Kelly talked with us about Cold Laser Therapy and how this treatment is used in relieving chronic pain. We welcomed two new members; **Caroline Scarlett** and **Connie Williams**. Long-time-no-see to **Joe** and **Dora Hutchins**. Friends and visitors: **JoAnn Goodman** and her daughter, **Stephanie Mitchell**. TN Faithfuls: **Virgil** and **Martha Messer**; **Evelyn Herrington**; **Donna** and **Roger Miller**; **Karin Gaither** and daughter, **Jeannette**. We welcomed back: **Greg Robertson**; **Mildred** and **Roy Duncan**; **Ruby Brown**; **Pat** and **Tom Crawford**. We missed but look forward to seeing in April: **Joan Nave**; **Bernie Brazel**; **Diane Rash**; **Judy Speulda**; **Peggy B.**, **Jamie C.**, the **Heimanns**.

PRESENTATION

Dr. Kelly did some research on cold laser therapy and TN and discussed with us the following article on the PubMed web site. "*Low-Level Laser Therapy In The Management Of Disorders Of The Maxillofacial Region*" **OBJECTIVE:** Analysis of the effects of low-level laser therapy (LLLT) on the treatment of maxillofacial disorders. **SUMMARY BACKGROUND DATA:** Pioneer work published by Meser et al. opened a new frontier in the clinical treatment of many disorders with the use of LLLT. Although LLLT is not well accepted in many places, its use is growing steadily in others, including Europe and more recently in Brazil. **METHODS:** 141 female and 24 male patients, between 7 and 81 years of age, suffering from disorders of the maxillofacial region were treated with 732.8-nm, and 830-nm diode lasers at the Laser Center of the Universidade Federal de Pernambuco. The disorders included temporomandibular joint pain, **trigeminal neuralgia**, muscular pain, aphatae, inflammation, and tooth hypersensitivity both postoperatively and in small hemangiomas. Most treatment consisted of a series of 12 applications, twice a week, and in 8 cases a second series was applied. Patients were treated with an average dose of 2.5 J/cm². **RESULTS:** 120 out of 165 patients were asymptomatic at the end of the treatment, **25 improved considerably**, and 20 were symptomatic. **CONCLUSIONS:** These preliminary results indicate that LLLT is an important tool and brings many benefits for the treatment of many disorders of the maxillofacial region.



Virgil, Doris, Donna, Tom, Pat, Roger, Dr. Kelly, Greg, Martha



Shirley and Dr. Kelly



JoAnn, Stephanie, Ruby, Pat, Tom, Donna, Doris, and Joe

Connie, Roy



Joe, Doris, Donna, Roger, Tom

Virgil, Martha, Caroline, Evelyn

Watch Us Grow!



Karin, Jeannette, Greg, Dr. Kelly

Nashville Support Group~January Meeting

The January meeting found ole faithfuls and a few visitors in attendance. Who knew the Harley Owners Group would have members who have TN!?

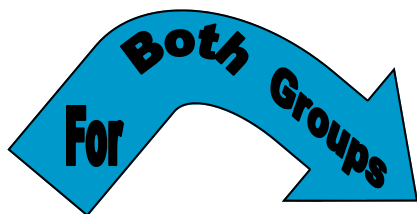
The Dental Hygenists Meeting will be in April at the Marriott Convention Center in Franklin and The Tennessee Dental Association will be held on May 17-18 at the Nashville Convention Center. If you can help out at either of these conventions please let Laura know. The TDA will be the same weekend as our Regional Conference at Vanderbilt so we will only attend on Thursday and Friday. Please bring a bag of candy to the next meeting to distribute to our Dentist Friends when they visit our Exhibit.

Prentice Goodwin had MVD surgery March 12 at Vanderbilt with Dr. Mericle.

Kristin Husat will be assuming the role of Treasurer for the Nashville group.

Many, many thanks to **Anna Hillis** who has faithfully served in this position for so many years.

Farewell to **Ann Woodward**. Ann is moving to Florida. Best wishes to you, Ann.



- The Middle Tennessee Support Groups would like to send a monetary gift, as a group, to the Dr. Peter Jannetta Life Time Achievement Awards. If you can, please bring your donation to the next meeting.

Please remember in your prayers~

- Sympathy to Becky Stapp (Nashville) on the passing of her husband, Tom.
- Prentice Goodwin (Nashville) for his 100% recovery from MVD surgery.
- Mary Willingham, Tuscumbia, AL. (Friend of M'boro) had RFL Monday, March 12 at Vanderbilt with Dr. Mericle.
- Connie Williams (M'boro) will be having surgery in April at Vanderbilt.
- Elizabeth Bryer (M'boro) new to us.
- Catie Carter, Shirley's 3 yr old granddaughter. Catie will have heart surgery soon.
- For those unknown to us who need a support group for TN and other chronic pain.

Silent Auction at the Regional Conference

In order to raise some cash for local support groups and the TNA, the subject has come up about a silent auction at the conference. If you are of the 'craftie' nature, any thing you could make such as: a gift basket, home deco things, jewelry, cookie baskets, etc. or if you would like to purchase maybe a gift certificate from a restaurant, or any other idea you may have. Bring your ideas and suggestions to your next support group meeting. We welcome your opinions. We want this to be the **BEST** regional conference ever!

Dr. John M. Tew Jr.

For Information: Joe Hoffecker

(513) 337-9465

For Immediate Release: February 13, 2007

CINCINNATI, Ohio — The clinical director of The Neuroscience Institute in Cincinnati, who has more than 30 years of experience in neurosurgery for brain tumors, aneurysms and facial pain, has been named the Business Courier's 2007 Health Care Heroes Lifetime Achievement Award winner.

Dr. John M. Tew Jr., 70, has led The Neuroscience Institute, a regional center of excellence located at The University Hospital and the University of Cincinnati College of Medicine, since 1998. He has been a neurosurgeon with the Mayfield Clinic since 1969, and also served as Mayfield Professor and Chair of the University of Cincinnati Department of Neurosurgery from 1982-2002.

The Neuroscience Institute is recognized for its premier facilities and physicians, its ongoing clinical and basic science research and its advanced training programs for neuroscience specialists. It offers comprehensive, compassionate, and state-of-the-art care for patients with diseases and disorders of the brain and nervous systems.

In addition to his role as clinical director of The Neuroscience Institute, Dr. Tew is currently a professor of neurosurgery at the UC Department of Neurosurgery, Mayfield's academic arm. The department ranked 15th nationally among public medical school neurosurgery departments and 25th nationally among all medical schools in funding received from the National Institutes of Health.

Dr. Tew becomes the fifth Courier Health Care Hero Lifetime Achievement award winner. Celebrating its 10th year in 2007, the Health Care Heroes Award program honors people who have made an impact on health care in Greater Cincinnati through their concern for patients, their research and inventions, their management skills and their service to the poor and uninsured. Beginning in 2003, the Health Care Heroes Award judges determined that one of the nominees deserved substantial recognition for his contributions to Greater Cincinnati health care. In that year, the judges designated Dr. William Schubert, chairman emeritus of Cincinnati's Children's Hospital Medical Center, as the first designee of the Health Care Heroes Award Lifetime Achievement Award. Since then, the Courier has awarded a Lifetime Hero designation to former Cincinnati Mayor Bobbie Sterne, Heimlich maneuver marketer Dr. Henry Heimlich and Dr. John Flege, a pioneer in local cardiac surgery.

Dr. Tew, a native of rural North Carolina, was graduated from the Bowman Gray School of Medicine in Winston-Salem, North Carolina, did his internship at Cornell University in New York City and his residencies at Massachusetts General Hospital and Boston's Children's Hospital in Boston. He followed those experiences with a fellowship at the University of Zurich in Switzerland. In 1969, he began work with Cincinnati's Mayfield Clinic, eventually becoming vice chairman, and was named the first chairman of the UC Department of Neurosurgery in 1982. He has directed residency programs at Cincinnati's Children's Hospital Medical Center and Good Samaritan Hospital. He attained the rank of colonel in the U.S. Army Reserve and was a consultant to the Surgeon General during his service to our country. He is a member of many professional associations, is past president of the American Academy of Neurological Surgery and is the author of hundreds of articles and works contributing to the advancement of his specialties.

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Continued from page 8

Dr. Tew and his wife, Susan, have three children (Matson, Neal, and Margaret) and six grandchildren.

Dr. Tew was nominated by Tracy Techau, CEO of the local Dan Beard Council of the Boy Scouts of America.

"I have found Dr. Tew to be a kind, thoughtful and patiently supportive man," said Techau, whose council selected Tew this year as the speaker-lifetime role model for the council's 338-member Class of 2005 Eagle Scouts. "It was very easy for us to quickly see why so many people in Cincinnati think very, very highly of Dr. Tew's character. Additionally, I have come to know numerous, local individuals who became acquainted with Dr. Tew through a medical procedure for themselves or a loved one. Clearly, many of these individuals hold Dr. Tew in such high regard that it is impossible for me to express their deep appreciation for his assistance in their lives."

Dr. Tew will be honored at the annual Health Care Heroes Awards banquet, to be held March 22, 6-9 p.m., at the Hyatt Regency Cincinnati, downtown. The program is presented by the Courier, and sponsored by gold sponsors UC Physicians, www.cincinnati.md and www.yourcity.md, the Brickler & Eckler law firm and silver sponsors Horan Associates, Miller-Valentine Group and P&G Pharmaceuticals.

A record number of nominations – more than 300 – were received from the public for this year's Health Care Heroes Awards program. A group of finalists in four categories – providers, managers, innovators and community outreach – will be announced on Feb. 14. All of the finalists will be recognized at the March 22 banquet. A winner in each category will also get special recognition at the awards banquet. Make reservations by going online at: <http://cincinnati.bizjournals.com/cincinnati/event/2935>. The Health Care Heroes award program is one of a dozen major business programs hosted by the Courier, the Greater Cincinnati region's dominant provider of local breaking business news. More than 50,000 business owners and professionals in the 15-county region each week count on the Courier's Friday print and digital (downloadable to your computer at 6 a.m. Friday morning) editions to provide them with news and information they need to improve their businesses and careers. Another 10,000 subscribe to the Courier's free Daily Updates, an email delivered shortly after 3 p.m. each weekday that provides information about that day's breaking local business news. The Courier has the largest number of paid subscribers of any business publication in the Tri-State.

More on the Regional Conference in Nashville~May 19, 2007

- 6,883 patient registration brochures have been mailed
- Registration is available online at www.tna-support.org
- Locations for Friday night and Saturday dinners are being discussed
- Jane Boles, TNA Executive Director and Alana Greca, RN, TNA Director of Patient Support will attend
- As of March 1, 22 people have registered with 8 coming from different states

Attendance at the New York City Regional was 220; in Casper, Wyoming 75; in San Francisco, CA 180; in Philadelphia 170, in Dallas, TX 140 at the first one and 170 at the second.

We can do it, beat these numbers, I know we can!!!!

**TRIGEMINAL NEURAGLIA
ASSOCIATION**

**925 NORTHWEST 56TH TERRACE
GAINESVILLE, FL 32605**

**PHONE: 1.800.923.3608 OR
352.331.7009**

FAX: 352.331.7078

<http://www.endthepain.org>

If you have a question for the Director of
Patient Support, email [patientinfo@tna-
support.org](mailto:patientinfo@tna-support.org).

For One-On-One Patient Support call
352.331.7022 or 1.800.929.3608

LOCAL CONTACTS

Laura Hillis~Brentwood~615.371.3205

Bob and Jackie Canaday Franklin~615.794.1069

Kristin Husat~615.243.8455

Richard Wilbur~Clarksville~931.645.4371

Shirley Luscinski~Wartrace~931.307.9481
or 615.904.8492 sluscins@mtsu.edu

Darlene Collette Hendersonville~615.824.0686

John and Ida Ashby
Oak Grove, KY~270.439.5120

The Murfreesboro Group is looking forward to the fall when **Dr. Timothy A. Strait, MD** from Chattanooga and **Dr. John Witt, MD** in Murfreesboro will be speaking. More on their dates as time rolls along.

Life may not be the party we hoped for, but while we're here,
we should dance..

Happy Easter

